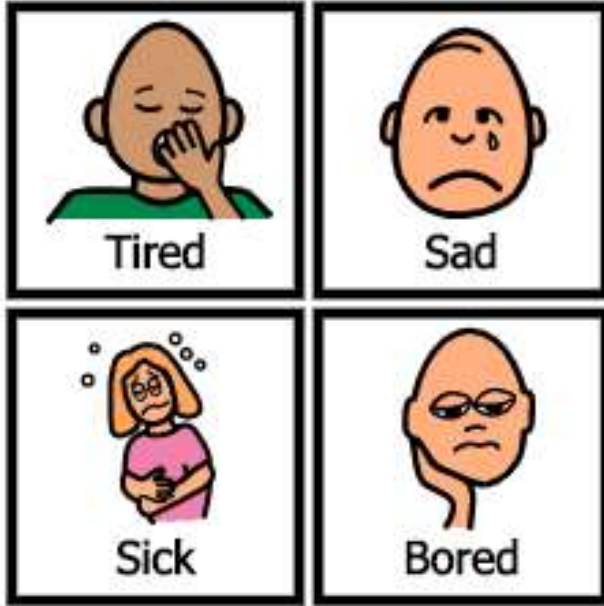


## Blue Zone



## Green Zone



The Zones of Regulation

Check In

What Zone Are You In?

## Yellow Zone



## Red Zone

